

Assessment the level of some heavy metal in vital body fluids and blood parameters in lactating Awassi ewes

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Abstract

The aim of the study was to estimate the level of cadmium, zinc and oxidative stress parameters in serum and milk as well as the blood constituents in local at the age of 3-4 years during the spring and summer seasons. Blood and milk samples were collected from 30 ewes (15 each season). The blood samples were allocated to into two tubes, for complete blood profile study and for biochemical analysis. Milk was used for biochemical tests. Blood analysis showed a significant difference between some blood values during the two seasons represented by significant increase of total white blood number, haemoglobin concentration and packed cell volume in circulating blood of lactating ewes during summer season compared with spring season. Red blood cells number and mean corpuscular haemoglobin concentration did not change among the two seasons. Both mean corpuscular volume and mean corpuscular haemoglobin value of lactating ewe increased significantly during spring season with respect to the summer season. The serum glutathione level showed a significant elevation during spring season compared with the summer season, while, the level of malonaldehyde and peroxynitrite free radicle remain constant during the study period. There were no significant changes in the level of cadmium in serum and milk of examined ewes, while the serum level of zinc significantly higher during the spring compared to the summer season and milk zinc level remain stable during both seasons. The study concluded variations in haematological, oxidative stress biomarkers, serum and milk concentration of Zn and Cd according to lactation season in ewes.

Keyword: Zinc, Cadmium, Oxidative stress, Hematological values

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تقدير مستوى بعض المعادن الثقيلة في سوائل الجسم الحيوية ومعايير الدم في الأغنام العواسية المدرة

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الخلاصة

كان الهدف من الدراسة تقدير مستوى الكاديوم والزنك ومعايير الإجهاد التأكسدي في مصل الدم والحليب بإضافة إلى مكونات الدم في الأغنام المحلية بعمر 3-4 سنوات خلال فصلي الربيع والصيف. جُمعت عينات الدم والحليب من 30 نعجة (15 لكل فصل). وزعت عينات الدم على أنابيب لأجل فحوصات صورة الدم الكاملة وأخرى للفحوصات الكيموحيوية، وأستخدم الحليب للفحوصات الكيموحيوية. أظهرت تحاليل الدم اختلافات معنوية في بعض قيم الدم خلال فصلي الربيع والصيف، تمثلت بارتفاع معنوي في عد خلايا الدم البيضاء وتركيز الهيموكلوبين وحجم الخلايا المرصوصة في دم النعاج المرضعات خلال فصل الصيف مقارنة مع فصل الربيع. لم تظهر اختلافات معنوية في عد خلايا الدم الحمر ومعدل تركيز هيموكلوبين الكرية في كلا الفصليين. ظهر ارتفاع معنوي في معدل حجم الكرية ومعدل هيموكلوبين الكرية في فترة الربيع مقارنة مع الصيف. أظهرت النتائج ارتفاع معنوي في مستوى الكلوتاتايون في مصل الدم في فصل

الربيع مقارنة مع فصل الصيف بينما بقي مستوى المالموندايالديهيد والبيروكسي نترت ثابت خلال مدة التجربة. لم يحدث فرق معنوي في مستوى الكاديوم في مصل الدم والحليب في حيوانات التجربة، بينما ارتفع مستوى الزنك وبشكل معنوي في مصل الدم في فصل الربيع مقارنة مع فصل الصيف وبقي مستواه ثابت في الحليب خلال الفصلين. استنتجت الدراسة إلى وجود اختلافات في مكونات الدم والإجهاد التأكسدي والزنك والكاديوم في النعاج المرضعات.

Introduction

Plenty of sheep herds were being bred in Iraq for the dual purpose (meat and milk production), and Awassi sheep is one of the most favorite one (1). Lactation as physiological condition described by with significant changes in energy resulting from milk production, which in turn is reflected in changes in many metabolic signals (2). The milk is complicated biological substance that plays a vital role in growing lambs and its composition varied according to environmental, nutritional and genetic factors (3). The secretory cells that secreting milk from secretory alveoli during the lactation period use 80% of the metabolic substances in the blood and its secretion depends on the speed of the filtration of the raw materials from the blood for milk production (4). Milk production is a kind of natural stress, which can happen to the body. Oxidative stress happens due to imbalance between oxidants and antioxidants (5). Reactive oxygen species and hydroxyl radical production due to presence of uncoupled electron that happen naturally in the body as normal metabolic processes (6). The milk contains many antioxidants, for instance, glutathione peroxidase, super oxide dismutase, catalases as well as certain vitamins C and E. All these antioxidants give protection to suckling lambs against oxidative stress, and these agents are very important in controlling and balancing the reactive oxygen metabolites produced by somatic cells, which presents in the milk (7). The cell damage is protected as results of antioxidant's reaction with reactive oxygen species and glutathione is the best antioxidant produced by cells from amino acids, and malondialdehyde (MDA) is the endpoint of lipid peroxidation in the body, which is the best biomarker for oxidative stress (8,9).

Zinc plays a crucial role in RNA and DNA damage repair system, and interact with various protein productions via enhancement of the metabolic process by protecting proteins' forms from unwanted forms through its regulation to gene expression of certain proteins (10-12). Estrogen and glucocorticoid receptors play a necessary role as good zinc receptors (13).

Cadmium is a heavy toxic metal for the animal body, and the best environmental source is the waste products of industry (14,15). The variation of cadmium milk concentration in farm animals usually fluctuate due to several factors, for instance, suckling period, nutrition status, and lambing season (16). So, the aim of current

study is to assess of zinc and cadmium, hematological examination, oxidative stress biomarkers during two different seasons (spring and summer) at Al-Hamdanya district of Mosul city.

Material and methods

Blood and milk collection

Thirty adult ewes were employed in this study, randomly distributed in two groups. First group of blood and milk sample was collected during spring season and second group of blood sample were collected during summer (15 sample/ season). All studied ewe were clinically healthy at collection time of blood and milk samples. Blood was allocated into two tubes, one for haematological examination using veterinary Coulter (blood analyzer), and the other part used for serum separation for biochemical analysis. Milk was collected in sterile tubes, kept in a cool box, and transferred to the laboratory for detection of cadmium and zinc using atomic absorption technique.

Biochemical analysis

Glutathione (GSH) was determined quantitatively using spectrophotometric assay according to (17). Peroxynitrite was determined according to protocol described by (18). Malondialdehyde (MDA) was assessed spectrophotometrically according to (19). Zinc and cadmium detection in milk and serum was done using atomic absorption technique as mentioned by (20).

Statistical analysis

All the data presented as mean \pm S.E. and statistically assessed at significant value less than 0.05 using SPSS version 23. The difference between groups was evaluated using independent *t*-test (21).

Results

The data revealed no significant variation in a total number of RBCs count of tested ewe blood sample throughout the study durations, and WBCs count showed significant increase in circulating blood of lactating ewe during summer lactation season. While, Hb and PCV values were significantly higher in ewe lactating their lamb during summer than those belonged to spring season at *P* value less than 0.05. Both MCV and MCH values of lactating

ewe during spring season increased significantly at P value less than 0.05 with respect to that lactation their lamb during summer (Figure 1).

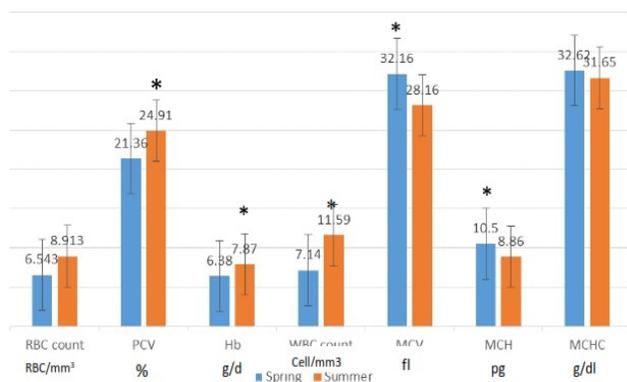


Figure 1: Effect of lactation season variation on haematological values in lactating ewes (Data presented as mean ± SE, * mean significant variation at $P \leq 0.05$).

Glutathione serum level was increased significantly during spring lactating time compare to summer time at P value less than 0.05. As long as, no significant variation being recorded between spring and summer lactation seasons regarding serum MDA and peroxy nitrite radicals' concentrations (Figure 2).

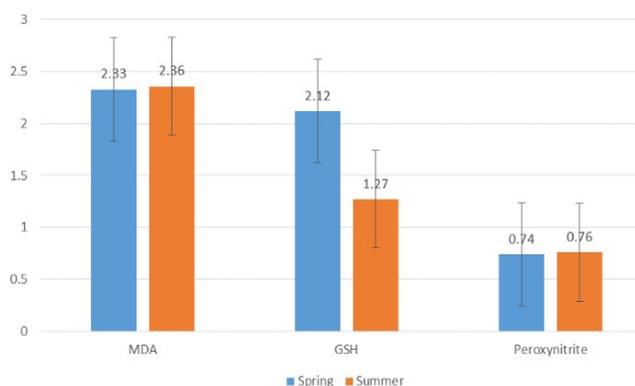


Figure 2: Effect of lactating season on some antioxidants status biomarkers in lactating ewes. Data presented as mean ± SE, * mean significant variation at $P \leq 0.05$.

Serum zinc concentration as ppm revealed high concentration during a spring lactation season compare to summer lactation season at P value less than 0.05, although its milk concentration remained constant between both seasons. Both milk and serum cadmium concentrations did not reveal any significant variation between both lactation season's spring and summer of examined ewe (Figure 3).

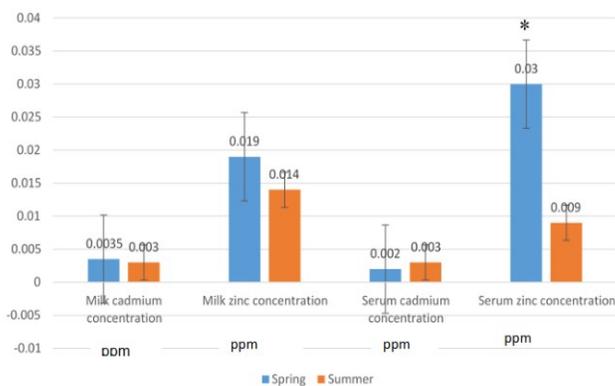


Figure 3: Effect of lactating season on cadmium and zinc concentration in both serum and milk in lactating ewes. Data presented as mean ± SE, * mean significant variation at $P \leq 0.05$.

Discussion

Data of current study revealed that there is a variation in haematological values in lactating ewe during different seasons. For instance, total WBC count in circulating blood of lactating ewe, during summer was higher than those of spring season, which disagree with Miloslav *et al.* (22) who, found that total leukocytes were increases in spring. While, agrees with Samarzija *et al.* (23) who found an increase leukocyte in lactating ewe during a whole lactation season. Another study in 1992 (24), found mild leukopenia in lactating cow starting from day 20 until day 60. Lactating goats showed that there is a decline in total WBC count during lactation was due to migration of neutrophils from blood to milk secreting acini in the mammary gland as a defense mechanism in the udder tissue (25). Another similar study (26) employed lactating goats exhibited increase neutrophils as results of elevation in serum lactase level due to increase production of dehydrogenase during the lactation period, especially in those animals with mild to chronic mastitis (27-29). Total RBCs count exhibited no changes despite of the increase in PCV and Hb values of summer lactating ewes compare to spring lactating ewes, this results is in similarity to Abdelatif *et al.* and Tripathi *et al.* (30,31) who, found that increase PCV, Hb in Awassii ewe during lactation period regardless to the season and may be due to variation influencing factors such as sex, age, breed, nutritional status and grazing in high altitudes areas (32).

Oxidative stress results in the current study, there is a variation in certain biomarkers, for instance, serum glutathione level, which exhibited significant elevation in spring lactating ewe compared to those lactating their lambs in summer. At the same time, MDA plus peroxy nitrite radicals did not altered during the study period in both

lactating seasons. These results does not match the result of Miloslav *et al.* (33) which exhibited a decline in GSH level in both goats and sheep, while an elevation was recorded in GSH level in lactating buffalo and cow as well as MDA levels without alteration in peroxynitrite level.

Zinc (Zn) plays an essential role in animal nutrition as a component of a number of critical enzymes and is an essential micronutrient required for over 300 different cellular processes, including DNA and protein synthesis, enzyme activity, and intracellular signaling (34). The pancreas, prostate, and mammary gland are secretory tissues that have unusual Zn requirements and thus must tightly regulate Zn metabolism through integrating Zn import, sequestration, and export mechanisms (35). The current study revealed an increase in Zn serum level during spring lactating season, while, Zn milk level remained unchanged. This finding does not match the result of Greppi *et al.* (36) who reported that milk Zn concentration in spring lower than its concentration in autumn in dairy goats (37) which may be due to difference in nutritional status of dairy goats during lactation season. Variation in serum and milk levels of Zn depends also on grazing season, breed, and pH of the soil in grazing areas, which influence on Zn intake through its concentration in the plants (38). In general, the active secretory tissues utilize Zn for basic cellular processes but also require Zn for unique cellular needs, in addition, abundant Zn is transported into the secretory pathway, and a large amount is subsequently secreted in a tightly regulated manner for unique biological processes (36,37). The role of Zn in the mammary gland is versatile, because the mammary gland is a dynamic tissue that undergoes dramatic morphological and functional changes; it requires a regulated effort to provide sufficient Zn for tissue expansion during lactation, which is efficiently ameliorated following weaning (38). In non-lactating animals, the regulation of Zn metabolism requires the integrated function of number of Zn transporters to maintain mammary gland Zn homeostasis for proper cellular function. This is why researchers insist that serum level of metal elements decrease as lactation progress that impact negatively on homeostasis of these elements which play a crucial role as co-enzymes for most physiological processes (39). The average levels of certain elements except sodium in goat and sheep milk is higher than cow milk and their concentration depends on several factors like, nutritional status, health condition and lactation stage (40).

Cadmium (Cd) is an environmental pollutant impact negatively on renal function through its nephrotoxic compounds after chronic exposure (41). Due to the extremely long half-life of cadmium in the animal body, and specifically in the kidney and could be seen in the mammary gland (41). Cd exposure may lead to variations of some hematological values and cause dysfunction in the

body physiology, particularly by interfering with calcium and zinc metabolisms (42). The current study revealed that both milk and serum concentrations were not influenced throughout the lactation season, this result is disagreed with Póti *et al.* (43) who reported that Cd was higher than acceptable limits in milk of farm animals according to the European Union regulation due to fluctuations of the heavy-metal content were the highest in the grass that leads to increase Cd level in the milk. A previous study in 2006 by Güler (44) found that the Cd low level in milk samples. This may be due to relatively high heavy-metal contents of concentrate and hay. Although the amount of the chromium in milk samples was lower than the values that were reported by Csathó (45).

Conclusion

The study concludes that there are variations in haematological, oxidative stress biomarkers, Zn, and Cd data according to lactation season in serum and milk of lactating ewes.

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